

# Fun in the SUN~ FUN RUN

Thank you in advance for your enthusiasm for this year's FUN RUN and Spring Carnival! This year's theme is dedicated to the joy of Summer Fun, so let's celebrate the arrival of Summer and have some FUN!! The Fun Run will consist of Training miles culminating in a half mile Road Race on the morning of the Carnival, Saturday May 19th.

## Fun in the Sun Training Mileage

Training is an essential part of a great race. Kids can log training miles:

- in gym class April 30-May 18th
- at home with parent's signature certifying distance (recorded on training mileage sheet) April 30-May 18th
- at recess (April 30-May 18th) with honor system/teachers tracking laps
- Walking and running miles accepted. Daily steps/activity tracker data not accepted.
- Tracking sheets due back to school by Friday May 18<sup>th</sup>!!

## Fun in the Sun Road Race

The half mile Fun Run Road Race will be on Saturday May 19<sup>th</sup> starting at 9 AM. Please complete race a registration form for each participant and return to school (race day registrations also accepted). The half mile road race begins on Main Street in front of NES. Runners head south on Main Street to turn around near IGA and then run north on Main Street finishing in the NES playground.

- Looking for singers for the national anthem prior to the start of the road race
- Appreciate any volunteer support from teachers and parents/families
- Kids and families are encouraged to dress up with things that remind them of summer (Hawaiian shirts/grass skirts, sun glasses, swim caps/goggles, etc, and don't forget sun screen!). NO flip flops for runners though!

## Fun in the Sun Spring Carnival

The Spring Carnival begins right after the Road Race at NES, Saturday May 19<sup>th</sup> at 9:30 AM. There will be plenty of games and activities for the whole family! Watch for more information coming home soon!

## Fun in the Sun Road Race Awards Ceremony

This year, the Fun Run Awards Ceremony will be held May 19th during the Carnival. Awards will be given to the 3 fastest boys and the 3 fastest girls participating in the Fun Run Road Race. Acknowledgement will be given to the kids who walk or run at least ¼ mile and up to 3 miles on 10 of the 19 possible training days (gym class, home and recess). All road race participants are eligible for lottery prizes (usually local business gift certificates).

Training mileage recording sheets and race registration sheets will be sent home. Please return race registrations as soon as possible. Please return training logs by Friday May 18<sup>th</sup>. Good luck to all!

Contact Robin McKeon to volunteer or with questions: [robinmckeon2@gmail.com](mailto:robinmckeon2@gmail.com) or (857) 334-4333.

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