

Dear Parents,

Please help your runner train for this year's Fun Run Half Mile Road Race!
Confirm mileage run or walked April 30-May 17th out of school. Return to NES by May 18th.
Goal: ¼ mile up to 3 miles walk or run at least 10 of 18 possible training days.
Sorry, daily activity tracker mileage cannot be counted. Get inspired and join your runner!

Happy training to all!

NES 2018 FUN RUN training log

Student Name: _____ Grade: _____ Teacher: _____

Training Date	Run/Walk Distance	Parent signature

Total:

Training Date	Run/Walk Distance	Parent signature
+		

Grand Total: